

Cloverleaf

AUGUST 2009



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Then and Now... **Learning leadership, citizenship and life skills since 1902**

Volunteer, Donor, Leader Recognition Banquet

By Melissa Sharp, 4-H Teen Council

On June 12, 2009, Pinellas County 4-H held its annual Volunteer Banquet to show appreciation to all our volunteers, leaders and donors. It was tons of fun with wonderful food, catered by Mrs. Delores Helm. There were lots of prizes and many awards.

Leaders were recognized for their years of service as well as all the donors and resource leaders who volunteer their time to assist with events.



The awards given out that night were:

- Getting Things Going* awarded to Amy Griffin of YMCA 4-H Afterschool
- Outstanding 4-H Partnership* awarded to The Dog Training Club of St. Petersburg
- Head* award was won by Chrissy Willett, Leader of Average Joe's
- Heart* award was won by Kellie Sipos, Leader of Hearts and Hooves Saddle Club
- Hands* award was won by Terry and Richard Berube, Master Gardeners at the Ochs Garden and Advisory members
- Health* award was won by Lisa McBride, Leader of 4-H20 and nurse at Camp Ocala
- Spirit* award was won by Gina Hunter, Leader of BBB's
- 4-H Ambassador* award was won by Liz Piquet, Leader of Crazy 4 Canines



Congratulations to all of award winners!
The moment everyone was waiting for, however, was the announcement for *Volunteer of the Year* and *Leader of the Year*. The *Volunteer of the Year* is Julie Burton for her work on the Pinellas County 4-H Foundation, 4-H Advisory, judging and the Ochs 4-H Educational Center. Rosa Freed, leader of Pony Pals 4-H Club is *Leader of the Year* because of her great work with her club and her involvement with the county horse program.



Some of the door prizes were donated by the 4-H clubs, such as the Seven C's, who made the jewelry, as well as the 4-H Teen Council, who made the lovely flower centerpieces. All these prizes were highly coveted. Roberta Moore, volunteer with the Ballroom Bicycle Brigade, however, received the biggest door prize of the night — a free night at the DoubleTree hotel on North Redington Beach. Congratulations Mrs. Moore.

It is through the amazing contributions of volunteer time, money and talent, that 4-H here in Florida is able to celebrate its 100th birthday this year.

Thank you.



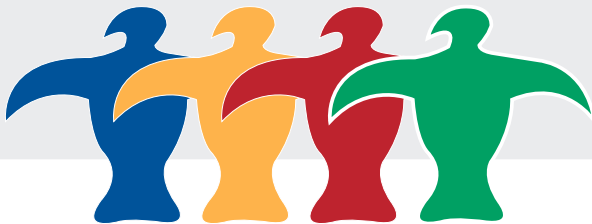


FAHCE Scholarship

The Florida Association for Home & Community Education (FAHCE) is offering \$300.00 scholarships for 4-H members. This scholarship grant is available to any 4-H member who has currently completed three consecutive years of satisfactory 4-H work. The grant must be used at a Florida State College/University, Junior College, or Vo-Tech school. This is a grant and need not be repaid. Selection will be made by the FAHCE Foundation Advisory Board, the State President and the State Treasurer. The deadline to submit this application is August 15, 2009. For more information or an application, please contact the 4-H office.

Rock Eagle

4-H Volunteers - Don't forget to register for the 2009 Southern Region Leader Forum taking place October 1-4. This forum is a wonderful training for all levels of 4-H volunteers. Besides informative workshops, there are many fun activities and opportunities to interact with other 4-H volunteers from around the South. The deadline is rapidly approaching, so check out the information at www.florida4h.org/Volunteers/srlf/index.shtml. This year's cost is \$225. The Pinellas County 4-H Foundation has partial scholarships available. Participants will have to work together to arrange transportation. For more information, contact jrogalsk@pinellascounty.org.



Congress

This year Danielle Hendrix of Crazy 4 Canines and Melissa Sharp and Andrew Yuan of 4-H Teen Council will represent us at 4-H State Congress. Danielle will compete with her demonstration on K-9 training for dogs, and Melissa and Andrew will present their team demonstration on developing club websites. Melissa and Andrew will also be our county voting delegates. Good luck to Danielle, Melissa and Andrew.

Camp Ocala

Every year, the adults and the senior counselors select the camp spirit awards. The award winners preside over the candle lighting ceremony that evening. This year Alyssa Coburn won the Junior Health Award and Sarah Head won the Junior Spirit Award.

Marine Ecology Event

Do you enjoy learning about marine life? If so, you are invited to enter the fun and exciting 2009 State Marine Ecology Event. The study material is on line at http://florida4h.org/projects/marine/state_mee.shtml. The contest is divided into three levels: Junior, Intermediate and Senior. All will be studying basically the same material at age-appropriate levels. If you are interested in participating, contact the 4-H office at (727) 582-2215. Members of the group will participate in the State Marine Ecology Event. This competitive event will take place at the Osceola Extension office in Kissimmee, Fla., on November 14, 2009. The office is located at the Osceola Heritage Park. This is a good place to test your knowledge and have fun interacting with 4-H members from around the state. Top individuals and teams will receive trophies.

Do you like to take pictures? If so, enter the 2009 State Marine & Aquatic Photography Contest!

Contest photos will be displayed at the State Marine Ecology Event on Saturday, November 14, 2009, at the Osceola County Extension office in Kissimmee, Fla. Youth need not be present to win.

Guidelines and entry forms are available at:
http://florida4h.org/projects/marine/state_photocontest.shtml

Winners receive ribbons and all participants receive certificates.



4-H Clubs



Way to go!

Lexa and Sonali of 4-H2O and Miranda of 7 C's 4-H were all honored at the New College in Sarasota for participation in a program sponsored by Duke University.

Re-enrollments due soon

With the coming of the school year it is also time to get your 4-H membership up to date. Current participation forms and family information is necessary each year. Check with your club leader for re-enrollment instructions. If you have questions, contact Jean Rogalsky at 582-2597.

Ride 4 Kids trail ride

Congratulations to the 4-H horse community for supporting the Ride 4 Kids fundraiser. It was one of our most successful events, raising over \$1,500 for the 4-H horse program and All Children's Hospital. Fifty-three riders representing all the 4-H horse clubs found sponsors for the ride. Each rider rode the trail at Walsingham Equestrian Park at least once. Of course this event couldn't have happened without the help of our wonderful 4-H leaders and parents.

State 4-H Horse Show

As of this writing, nine Pinellas County 4-H'ers are preparing to compete at the State 4-H Horse Show at the Bob Thomas Equestrian Center (Florida State Fairgrounds) in Tampa, July 9-11.

Just in: All did a great job. Charly Miller qualified for Regionals.

The following 4-H'ers qualified to compete:

Brianna Mullins on Sea-Heir
Olivia Sipos on Trouble
Amanda Benedict on Junior

Kristen Venable on We Gotta Star
Lauren Tribiano on Dexter
Amanda McGuire on Danny Boy

Charly Miller on Coverboy
Morgan Wright on Ginger
Samantha Hogge on Joe



Listening to a lecture



4-H members and chaperones at touch tank

Marine Group's outing

In April, three members of the Marine Ecology group went to the Marine Quest at Bayfront. They enjoyed a day of marine-related activities. Congratulations to Jozef Soja, Heather Moore and Mathew Galiano for their participation in both the February and April field trips. Also thanks to Andrea Soja, Jill Galiano and Roberta Moore for being chauffeurs and chaperones for the day.



4-H members at touch tank



Looking at a fish

End of the Year Reminders:

Scrapbooks, Officers' Books, Clover Awards and the Awards & Recognition Banquet

On the evening of August 21, 4-H'ers and their families will meet at the Extension office for a night of delicious food, great company and a lot of fun. Year pins and certificates will be handed out to 4-H members who achieved in a project area. But that is not all. Project medals, Clover Awards and other special recognition will be distributed to recognize the hard work and support of the 4-H program from Pinellas County 4-H'ers and clubs. The evening will end with the high point of awarding the two 4-H Clubs of the Year. Come and celebrate the great year that the members and the leaders have contributed to 4-H!

If you have completed your project, applied for a Clover Award or participated in a 4-H competition, you are invited!

Don't forget, club historians, that all the club scrapbooks that are turned in will be judged for a ribbon. Scrapbooks should be turned in to the 4-H office by August 1. Secretaries, reporters and treasurers should also turn their books in to be judged. Each club should turn in a treasurer's book each year.

All Cover Award applications must be turned in by August 1.

4-H Foundation

Hello everyone! It's time to start thinking about cooking and eating some wonderful fresh-picked apples and pecans. The annual fall fundraiser is just around the corner. Ordering information will be available from your local 4-H member or from the Foundation as early as Sept. 1. We will be able to accept credit cards for the first time as a payment method.

For any questions about the sale, contact Robin Moore at (727) 384-2428 or robinmoore1@verizon.net

Pecan Tips from Schermer Pecans

Georgia Pecans are rich in taste and healthy goodness. A one-ounce serving of pecans contains 196 calories, 2.7 grams dietary fiber and over 19 vitamins and minerals including Vitamin A, Vitamin E, calcium, potassium and zinc.

Studies suggest a serving of pecans a day may lower "bad" cholesterol levels, decrease blood pressure and fight against breast and prostate cancer.

Summer Spice Cupcakes

½ cup butter or shortening

1 cup sugar

2 eggs

1 cup well drained crushed pineapple

1 tsp. lemon rind

½ cup raisins

½ cup Schermer pecans

1 cup flour with 1 tsp. soda and ½ tsp. salt

½ tsp. each ginger, nutmeg and cinnamon

½ cup pineapple juice

Mix ingredients together in the order given. Bake in paper cups 20 minutes in moderate 350 degree oven. Makes 26 cupcakes.

New 4-H Foundation contact information:

Pinellas County 4-H Foundation, Inc.
www.pc4hfoundation.org
13799 Park Blvd. N #316
Seminole, Florida 33776-3402
info@pc4hfoundation.org

4-H Calendar

JULY 2009	S	M	T	W	T	F	S
				1	2	3	4
	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	31	

July 27 – 31

4-H Congress @ UF/Gainesville, FL

AUGUST 2009	S	M	T	W	T	F	S
							1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
	30						

August 5

Cloverleaf News Due

August 21

Awards/Recognition Banquet @ Pinellas County Extension – 6:00 p.m.

August 29

County Congress @ Pinellas County Extension – 9:00 a.m.

August 30

Florida 4-H Centennial Ball, Orlando, FL

SEPTEMBER 2009	S	M	T	W	T	F	S
			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30			

September 7

Labor Day - Office Closed

September 8

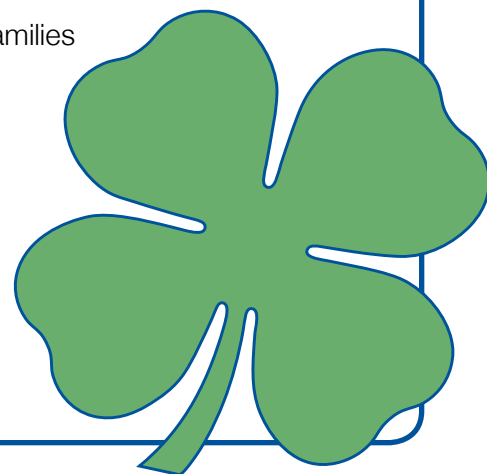
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County Congress

Mark your calendars for the first County Congress. It will take place August 29 at the Pinellas County Extension office. The event starts at 9:00 a.m. and the agenda includes:

- Project Book Fair & Sign-ups for the 2009 - 2010 4-H Year
- All About 4-H for New & Prospective Members, Leaders & Their Families
- Overview of Offices & Election of Officers
- Installment of Officers
- Types of 4-H Recognition & Awards
- Goal Setting
- Officer Training
- How to Run a Meeting

In short, here is everything you need to know to have a great 4-H year!



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PINELLAS COUNTY'S 4-H NEWSLETTER

August 2009



Making the Best Better!

The 4-H mission is to empower youth to reach their fullest potential working and learning in partnership with adults.

There's always something fun to do in Pinellas County for families and youth! For a current listing of classes, workshops and events, visit: www.pinellascounty.org/events or tune your television to **PCC-TV** (Brighthouse 622 - Knology 18 - Verizon 44)

Janet Golden, Agent
4-H Youth Development

Jean Rogalsky, Agent
4-H Youth Development

This electronic newsletter was developed in cooperation with the Pinellas County Communications Department, 333 Chestnut St. • Clearwater, FL • (727) 464-4600

Pinellas County complies with the Americans with Disabilities Act. To obtain accessible formats of this document, please contact the Communications Department at (727) 464-4600 / TDD (727) 464-4431.

Extension programs are open to all persons regardless of gender, race, nationality, ethnicity, age, creed or disability. Persons with disabilities should contact the Extension Office at least 10 working days before the event so that proper consideration can be given to the request.



Pinellas County 4-H Youth Development

IFAS/University of Florida
Pinellas County Extension
12520 Ulmerton Rd.
Largo, FL 33774-3602

(727) 582-2215 phone • (727) 582-2262 fax
www.pinellascountyextension.org

4-H is a community of young people across America who are learning leadership, citizenship and life skills.

