



Cloverleaf

FEBRUARY 2009



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4-H Open House

The 4-H Open House and Apple Cook-Off was a smashing success and enjoyed by approximately 200 people. Several clubs set up displays, sold crafts or pet treats and hosted activities. Many thanks

to the Ambassadors 4-H Club for taking on the daunting task of organizing and hosting the Extreme Gingerbread House activity. Sean Russell, President of District IX Council and Sarasota, came to promote District IX activities. He even brought the Spirit Stick, which District IX won at 4-H Congress. Average Joe's 4-H led the rocket and LEGO® activities, so everyone was ready for the rocket building and launching later in the afternoon. The Ochs 4-H garden was represented by Julie Willis' apple dehydrating demonstration. Many thanks to 4-H2O, All Things Equine, Crazy 4 Canines, Favorite Thingz 4-H, Pony Pals, and 7 C's for their efforts.



A popular part of the Open House is the annual Apple Cook-off. Over 20 youth, adults and families pre-registered for this event. As you can see from the winners listed below, there is more to an apple recipe than apple pie. This is not to say that apple pie isn't delicious.

The high scorers (all were winners) were:

Youth Savory - Elinor Gale for Apple Fennel Soup

Youth - Amanda Peacock for Apple Snack Squares

Family - The McQueen Family for Waldorf Salad Sandwich

Adult - Gretchen Post for Passover Charoset

Adult Savory - Angela Sackett for Caramel Apple Pork Chops

Photography Contests, Poster Contests, T-shirt Design Contests and More! (page 6)

Upcoming County Events!

Now is the time to start preparing your act for Night of the Arts or planning your demonstration/illustrated talk for Demonstration Day. County Events will be here before you know it.

Night of the Arts will be held March 6, 2009 at 7 p.m. So polish up your favorite tune or grab a few (no more than four) of your club mates and put together a skit or practice your favorite dance. Registration forms will be available from the office or on the web. Turn in your registration form by phone, fax, mail, or e-mail by February 16, 2009. Night of the Arts will be held at Northwest Church of Christ, 6355 38th Avenue North, St. Petersburg, 33710. Demonstration Day is March 21, 2009 at 9 am at the Pinellas County Extension. Every 4-H'er is expected to present a demonstration as part of their project, so why not take that extra step and present it at Demonstration Day? Contact Jean Rogalsky at 582-2597 or e-mail jrogalsk@pinellascounty.org to make arrangements for help with demonstration. Deadline for Demonstration Day registrations is March 2, 2009. Again you can mail, fax, e-mail or phone in your registration but mark the deadline on your calendar today.

Registration forms are available online at www.pinellascounty.org/4h, through e-mail, or one can be mailed to you by calling 582-2215.

4-H Clubs / Clubs Reports

New Marine Club Starting Up

Pinellas County 4-H has had years of success at the Marine Ecology Event. It makes perfect sense to develop a year long marine program. The new club will include field trips as a part of the project work. Trip possibilities include: Mote Marine, the Florida Aquarium, New College Marine Lab in Sarasota and trips on the bay. The first field trip will be to the Annual Shell Show put on by the St. Petersburg Shell Club. The show is at the Seminole Recreation Center, 9100 113th Street, Seminole and is open from 9 a.m. - 6 p.m. on Saturday, February 28 and 9 a.m. - 5 p.m. on Sunday, March 1. Bring your 4-H card or wear your 4-H shirt and you and your family will get in free to the show. As a project activity, there will be a scavenger hunt to be completed by each member attending. Please call Betty Lipe at 582-2528 for more details or to order the Marine Science project book.



4-H Fun Club

On November 15, the 4-H Fun Club which meets at the Lealman and Asian Neighborhood Family Center, invited their families to participate in a Thanksgiving feast. The families enjoyed a typical American Thanksgiving feast and the members of the club made decorative turkeys and table runners for the occasion. After the feast, the young people entertained their parents and the leaders presented awards to many of the members.

Ambassadors 4-H Club

By Laura Coley

Last fall, we elected officers for our 4-H club. We elected Addy Gurvitz as our President and Treasurer and Sarah Coley as our Vice President and Secretary. Zachary Coburn was elected as our Sergeant-at-Arms and Gregory Coburn as our Parliamentarian. Alyssa Coburn was elected for the Historian position and Laura Coley as the Reporter. This year, Ambassadors 4-H is a cooking club.

Clover Leaf report for Favorite Thingz 4-H Club

By Bridget Cox

Favorite Thingz 4-H Club had its first meeting on November 6th. Jean Rogalsky was our special guest. She explained the registration process, how 4-H runs and possible projects. Club members are planning projects in photography, gardening, horses, woodworking and robotics.

On November 23rd, Bridget Cox participated in the BAHA horse show and took second place in Western Walk/Trot Horsemanship and Western Walk/Trot Pleasure.

On December 13th, we had a 4-H Christmas Party at Majestic Oaks Equestrian Center. We had a covered dish dinner and a "white elephant" gift exchange. Also in December, the club sponsored an Angel Tree Child as a community service project.

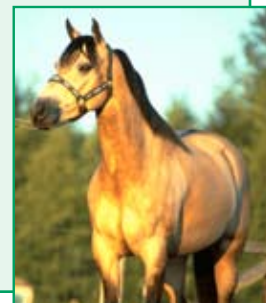
In January, we are planning a sleep over at the Barn.

Hearts and Hooves Saddle Club

By Stella Hammil, Hearts and Hooves, Pony club Reporter

At our November meeting we discussed what our shoe boxes could hold for the Samaritans Purse, Operation Christmas Child's gifts that we collect each year. We also talked about ways to earn money for our community service project, Casey's Place, a horse rescue in Brooksville. One of the ideas is designing stamps that we can make into real postage stamps, then sell them.

In our meeting we learned about the body language of a horse. Learning this is important because it will keep us safe. It also helps us understand our horses better. We also worked on our project books some. At the end of our meeting we played "Name that kind of Feeling". A game where we had to act out different ways a horse may act. Miss Kellie whispered a suggested act in our ear and we acted it out and the rest of the club had to guess.



SEMINOLE RIDERS NEWS

By Carol Nunez

We have had a very exciting week in October. On October 17 we had several guest speakers come out to our barn. The speakers gave us many different ideas on how you can have a career around horses.

First, we had Amanda Anderson, a saddle fitter come to our barn. She showed us how to fit your saddle to your horse's back. She made an exact template of a horse's back and then showed us how some saddles would never be able to sit correctly on the horse's back. She also showed how you are able to adjust the shape of some saddles with flocking. Ms. Anderson told us that if a saddle does not fit the horse correctly it can cause the horse a lot of pain which will make them very stubborn and unwilling. A saddle that does not properly fit the horse can cause the horse's back to become very sore. She described it as if you were trying to fit your foot in a size 4 when really you are a size 8. A properly fitting saddle is very important for you and your horse, and it greatly reflects on your horse's performance. Ms. Anderson demonstrated how she measures a horse's back. Saddles are stuffed with different materials; some of the common materials are air, foam, and flocking wool. If your saddle is stuffed with flocking wool, Amanda is able to add this to the areas that need it on the saddle to correctly fit your horse.

We also had another visitor, our horse vet Dr. Betsey Feisler came out to the barn to update all of the horses' coggins and to oil two of the horse's for sand. If a horse has been turned out in sand or not a very good grass pasture then it is likely that the horse has sand in its stomach and intestines from eating dirt or from pulling the grass up by its roots. If a horse devours too much sand then it can make the horse sick. Dr. Betsey came out and inserted a tube through the horse's nose and down its esophagus, and into the horse's stomach. She first pumped a small amount of water into the horse's esophagus just to make sure the tube was in the right place, and not in the horse's trachea. Then Dr. Betsey pumped a mixture of water, mineral oil, and Metamucil in the horse's stomach. This mixture will help pass any sand that has collected in the horse's stomach out.

We also had a horse chiropractor come to our barn on October 17 to massage one of our horses. This relaxes

the horse's muscles and relieves any pain. After the horse had his massage the horse was performing a whole lot better and was moving more freely. Having all of these people come out allows us to realize all of the careers we can have with horses.

On October 19 two of our 4-H members entered in the First Choice Dressage Show. They did very well. Brianna showed on Sea Heir, her leased horse, and received a third and a fourth. Our other rider, Alicia, showed on Dominic, her leased horse, and received a first and a second. We are very proud of their efforts and accomplishments.

For the closing of our meeting we played two educational and fun games. We divided ourselves into two groups of 6. The first game we had to line up in front of an English saddle. When our leader, Mary Urquhart would say a part of the saddle, one person from each team would go up and touch that part of the saddle. Whoever touched the correct part first got a point. The second game was my favorite. There were many parts from two English bridles in a pile in front of us. The object of the game was to get an English bridle put together correctly before the other team. The catch was we had to give the correct name for the exact part that we wanted and then pick it out. It was very challenging because there was a total of two bridles scattered on a table in like what seemed a million pieces. The game was very close, but my team lost by just a few seconds.

4-H Horse Barn Open House

On November 15th over 75 4-H members and volunteers, Kiwanis volunteers, parents, and supporters, along with Mary Urquhart in the lead, attended the 4-H Horse Barn Open House. The 4-H Horse Barn is at 9610 125th St., in Seminole and is the home of several horses that are used for the Horses for Handicapped program that the 4-H Seminole Riders does in partnership with the Seminole Kiwanis every Saturday. It took several years of planning, grants, and donations to make this all happen.



THE 4-H20 END OF YEAR REPORT

By Amanda Peacock

"It is a privilege to be part of this club because I can make friends and we do all types of activities," says club member Meneka. I certainly must agree that it is a privilege to be in this club. When the club first started in 2008, our first activity was a field trip to the Folk Fest in St. Petersburg. At the Folk Fest we did activities like painting rocks and making butter. I thought it was very cool to actually make butter. Next we had our open house where we had lots of fun. At the open house we had some apple cook-off winners. Amanda Peacock, Lexa Armstrong and Eleni Lambrianos all won blue ribbons. Meneka and her sister won a red ribbon. How can any of us forget the gingerbread house competition? Now that was a lot of fun! Our winners were Michaela Polmann and Amanda Peacock, but if you ask me, everyone who tried was a winner. When we are not doing an activity, we conduct our regular club meetings. When we are at these meetings we work on our project books and conduct other club business. It is a lot of fun being with all of my club members. I will say it again, it is a privilege to be in this club.



4-H20 Club project

4-H Ochs News

By Maggie Bradley

At our November meeting, we had a guest, Jane Morse. She talked about compost. She said compost is very important. She talked about greens and browns. She also talked about the composting methods and hot or "fast" composting, constructing the pile, managing the pile, and curing or finishing the pile.

I thought it was interesting. What about you?

At our December meeting, we made wreaths. We used vines, weaving them into a circle. Everyone used old ornaments, berries, and leaves to decorate their wreath. It took us a while, but we enjoyed it a lot.

I thought it was fun that we got to do this activity. I gave mine to my mom. Did you give yours to someone?

M.A.B.

4-H Foundation

The Passport to Giving Back to 4-H Youth

Did you know that the members and directors of the Pinellas County 4-H Foundation raise thousands of dollars each year to support youth scholarships to camp, Congress, and other events? Did you also know that they help with the operating expenses of the 4-H office and fund the youth mentor positions? They need your help to raise money for 4-H.

They have recently partnered with TTB Travel, who works with hundreds of other non-profits, raising money for their program needs. The foundation travel website is powered by the same sites you probably already use, such as Travelocity and Cheap Tickets. If you arrange your travel through www.pinellas4htravel.org, Pinellas 4-H gets a portion of the commission!

All they need you to do is help spread the word to your co-workers, families, and friends about the new travel website. So when you travel, rent a car, buy flowers and more, just make your purchases through the travel site to earn money for Pinellas County 4-H at the same time.

2009 Florida 4-H Centennial Celebrations

To celebrate the 4-H Centennial and raise money for 4-H, the 4-H Foundation is planning a Centennial Banquet Friday, March 13, 2009. The banquet will take place at Banquet Masters in Pinellas Park. Tickets for adults will be \$50.00 and will include dinner, entertainment, and a guest speaker. If you are interested in volunteering your talent or time, please contact the 4-H office.

Foundation Fundraiser

The apple/pecan sale fall fundraiser was a success. Almost a 1,000 boxes of apples and 1,000 bags of pecans were ordered and delivered. The foundation will share \$1,000.00 of the profits with the clubs that sold apples and pecans. Clubs were sent their commission notification checks in the mail. If you have not done so already, please return the bottom 1/3 of the slip so that the foundation can get you your money. The balance of the money will be used for operating expenses as well as scholarships for 4-H programs.



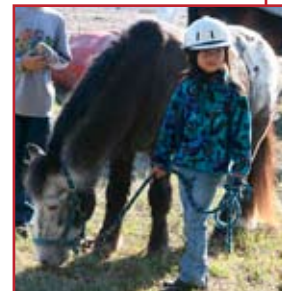
Busy volunteers take a break.

4-H Events and Activities

Horse Trail Clinic



The latest 4-H equine activity was the horse trail clinic held at Lakeview. Trail is a clinic offered at horse shows. It is similar to an obstacle course. The rider has to “tell” the horse to cross over a bridge, go through a gate, and maneuver around poles. Not only does the rider have to convince the horse to do these things, but the rider also has to open and close the gate while on the horse, as the horse goes through. The course is a test of riding skill and communication with your horse. Enrollment was limited, but 25 riders were treated to a morning of trail instruction by trainer Kim Beilein.



Check the 4-H blog at www.pinellascounty.org/4h and your 4-H e-mails for the next 4-H horse event.

Marine Ecology Event

The 4-H State Marine Ecology event was held on Saturday, November 15, 2008. Over 130 enthusiastic youths participated in this annual contest which was held at the Osceola County Extension Office in Kissimmee, FL.

In the contest, youth were asked to correctly identify a number of plants and animals found in coastal habitats of Florida. Youth were also asked to go on a scavenger hunt and correctly match clues to specimens on tables.



After lunch, MEE winners were announced and trophy medals were given for first, second and third place teams as well as individual high scorers. Katelyn Garner, Logan Lane, Jack McConnell, and Matthew Garner of Pinellas County placed 3rd in Intermediate Teams. Matthew Garner also placed 3rd in Intermediate Individual. Pinellas County was represented by Courtney Vanhaerents, Crystal Romanelli, Sabrina Brown, Kailey White, Matthew Galiano, Tricia Gellatly, Victoria Hynes, Kaitlyn Myrick, Stephanie Tonnesen, Chris Garner, Ashley Bentley, Joe McConnell, Manuela Rodriguez, Jozef Soja, and Sara Locke.

Congratulations to all who participated and helped with this event, especially Kevin Garner, leader of Gulfcoast 4-H and the marine coach.

District IX Holiday Potluck and Toy Drive

In December 2008, fifteen families from Pinellas, Hillsborough, and Sarasota counties gathered at the Extension Office for the annual district get together. The goal was to collect 100 toys to represent the 100 years of Florida 4-H. The 4-H families exceeded the goal and brought in 133 presents. The toys were sent to needy families in Hillsborough and Pinellas counties.

The evening began with ice breakers and then dinner. After dinner everyone pitched in to sort and wrap the

gifts. The evening ended with a stroll through the beautiful holiday lights in the Florida Botanical Gardens.

District Council is for 4-H teens. District Council organizes and teaches at District Congress. If you are looking for leadership opportunities in 4-H, consider participating in District Council. For more information, please contact the 4-H office or Sean Russell, District President at sdscience@comcast.net.

Photo Contest, Poster Art Contest, and Dairy Poster Contest

This is a chance to show off your artistic abilities. Entry deadline for the photo and poster contests is March 6, 2009 (Night of the Arts). Bring your poster or photo to the Extension office any time before the program or you may bring them to Night of the Arts March 6. All entered posters and photo exhibits must have the proper certificate on the back. Junior, Intermediate, and Senior winners will advance directly to the state competition. Check the Events and Activities Handbook for complete details, or e-mail Betty Lipe at blipe@pinellascounty.org or call at 582-2528.

Photo Contest This contest provides a showcase for 4-H'ers photographic talents. The winning photographs are displayed to increase public awareness and understanding of the 4-H program.

Poster Art Contest The Poster Art Program gives 4-H members an opportunity to use the visual medium of poster art to promote the 4-H program. Program goals encourage 4-H Club members to develop an awareness of visual imagery and its power to express thoughts and ideas. The theme for 2008 through 2010 is "Florida 4-H Centennial Celebration." *All posters must be designed on or affixed to poster board with dimensions that are no larger than 14" x 22".*

Dairy Poster Contest This contest encourages youth to learn more about milk, milk products, their importance to health and the meaning of the Real Seal program. Every 4-H'er is permitted to design a poster telling a story about milk and/or milk products. The deadline is May 2 (District Events).

Area E Horse Show T-Shirt Design Contest

Do you like to draw? Would you like to win a \$100.00 savings bond and a free t-shirt? Then design our next Area E Horse Show t-shirt. The winning design will be featured on the 2009 Area E t-shirt. Each year over 300 shirts are sold. This contest is open to all 4-H'ers ages 8-18 as of September 1, 2008 who reside in Area E. You do not have to be enrolled in a horse project to participate.

Look for complete rules and guidelines on our 4-H blog. Entries are due the end of February. Sign up for automatic blog e-mails at www.pinellascounty.org/4h and click on one of the articles to subscribe to the blog.



Guidelines:

1. All designs must be original and relate to the Area E 4-H Horse Show
2. Designs must include a 4-H Clover and the words "2009 Area E Horse Show"
3. No copyrighted materials can be used in the design
4. Designs may be horizontal or vertical
5. Designs must be submitted on an 8 ½" x 11" sheet of white paper
6. Only one entry per member will be accepted
7. Design may be for the front or back of the shirt

Consumer Choices Contest

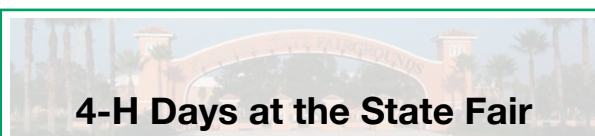


Do you like shopping? Do you want to learn the skills it takes to make better shopping choices?

Then sign up for the Consumer Choices workshops!

This year's topics are Energy Bars, Energy Efficient Light Bulbs, MP3 Media Players, and savings accounts. There will be six workshops set up to teach you what you need to know to be a smart

shopper (that means to save money) and to prepare for the Consumer Choices Contest at the Central Florida Fair in Orlando on April 18, 2009. You will also learn how to defend your choices through oral reasons. To register for workshops or for questions contact Betty Lipe at 582-2528 (blipe@pinellascounty.org) or Jean Rogalsky at 582-2597 (jrogalsk@pinellascounty.org)



4-H Days at the State Fair

Do you have your 4-H membership card?

If you do not, please contact your club leader and let them know. Remember, your membership card will get you into the Florida State Fair for free February 7 and 14, 2009. This year it is more important than ever that your enrollments be up to date and in the hands of the office. You cannot participate in any county or state events unless your enrollment and participation form has been recorded in the 4-H office. If you are not sure, contact your leader or Shelley at 582-2215.

4-H Calendar

- February 5** Cloverleaf News Due
- February 5 – 16** Florida State Fair @ Tampa Fairgrounds
- February 7** 4-H Day @ Florida State Fair/Centennial Kick-off, 10:00 a.m., Tampa Fairgrounds
- February 13 – 15** Intermediate Leadership Adventure Weekend @ Camp Ocala
- February 14** 4-H Day @ Florida State Fair, Tampa Fairgrounds
- February 16** State 4-H/FFA Horse Judging Contest, paperwork due to 4-H Office
- February 16** Night of the Arts registration, paperwork due
- March 2** Demonstration Day registration, paperwork due
- March 5** Cloverleaf News Due
- March 6** Night of the Arts, 7:00 p.m. @ Pinellas County Extension
- March 7** State 4-H/FFA Horse Judging Contest, Gainesville
- March 13** 4-H Centennial Banquet & Fundraiser @ Banquet Masters
- March 20 – 22** Third Executive Board @ Camp Cherry Lake
- March 21** Demonstration Day @ Pinellas County Extension, 9:00 a.m.
- April 4** 4-H Centennial Trail Ride @ Helen Howarth Park
- April 6** Cloverleaf News Due
- April 14** 4-H Day @ the Capitol, Tallahassee
- April 18** Forest Ecology @ WHEP @ Austin Cary Forest
- April 21** 4-H Advisory Meeting @ Pinellas County Extension, 6:00 p.m.
- April 24 – 26** Area E Horse Show @ Florida State Fairgrounds/Tampa
- April 24 – 26** 4-H Volunteer Forum @ Camp Ocala
- May 2** District Events/Sarasota
- May 2** Dairy Poster contest deadline
- May 5** Cloverleaf News Due
- May 25** Memorial Day – Office Closed



Embryology Calendar Update

Enrollment for Spring Embryology will close on March 9, 2009. If you have a group of 10 or more members or students that wish to participate in the program, the cost will be \$25.00 per leader or teacher. If your group is less than 10, you will be charged \$50.00 for the program. The 4-H Foundation has agreed to underwrite the balance of the fee for the larger groups. The six week program begins on April 6, 2009.

Note: Calendar Changes

There has been a date change for the 4-H Day at the Capitol. The event was tentatively planned for March 11; however the selected date is now April 14, 2009. Watch for updates and details as they become available. Last year Crazy 4 Canines travelled to Tallahassee and had a great time. They met with State Senator Charlie Justice and shared with him the great things they have done in 4-H. They also participated in the many activities that were available to the youth attending 4-H Day.

The date has also been changed for the State 4-H/FFA Horse Judging Contest. The event has been moved from April 11 to March 7, so it does not conflict with Easter weekend. All registration paperwork will be due to the 4-H Office by February 16.

Cloverleaf

PINELLAS COUNTY'S 4-H NEWSLETTER

February 2009



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Making the Best Better!

The 4-H mission is to empower youth to reach their fullest potential working and learning in partnership with adults.

There's always something fun to do in Pinellas County for families and youth! For a current listing of classes, workshops and events, visit:

www.pinellascounty.org/events
or tune your television to **PCC-TV**
(Brighthouse 622 - Knology 18 - Verizon 44)

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Janet Golden, Program Leader
4-H Youth Development & Distance Education

Jean Rogalsky, Agent
4-H Youth Development



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Pinellas County 4-H Youth Development

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4-H is a community of young people across America who are learning leadership, citizenship and life skills.

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